
Statin Therapy for Patients with Diabetes (SPD) HEDIS Tip Sheet

Line of Business: Commercial, Medicaid

Data Collection Method:

Administrative (Claims)

Measure Description

Percentage of your patients 40-75 years of age with diabetes, who do not have clinical atherosclerotic cardiovascular disease (ASCVD), who met the following criteria:

- Received Statin Therapy: Patients who were dispensed at least one statin medication of any intensity during the measurement year.
- Statin Adherence 80%: Patients who remained on a statin medication of any intensity for at least 80% of the treatment period.

Best Practices

- Prescribe at least one statin medication during the measurement year to patients diagnosed with diabetes, when clinically appropriate.
- This measure overlaps with the Statin Therapy for Patients with Cardiovascular Disease measure. Patients with ASCVD should be prescribed a moderate-intensity or high-intensity statin when clinically appropriate. Once patients demonstrate they can tolerate statin therapy, utilize 90-day prescription fills to encourage medication adherence.
- Educate patients on the importance of taking their medications regularly and as prescribed. Once patients demonstrate they tolerate statin therapy, utilize 90-day prescription fills to encourage medication adherence.
- Encourage patients to fill prescriptions using their pharmacy benefits. Claims filled through pharmacy discount programs, cash claims and medication samples are not captured in the HEDIS methodology as compliant.

Statin Medications that qualify for measure compliance

Description	Prescription
High intensity	Atorvastatin (40-80 mg) Amlodipine-atorvastatin (40-80 mg) Ezetimibe-simvastatin (80 mg) Rosuvastatin (20-40 mg) Simvastatin (80 mg)
Moderate intensity	Atorvastatin (10-20 mg) Amlodipine-atorvastatin (10-20 mg) Ezetimibe-simvastatin (20-40 mg) Fluvastatin (40-80 mg) Lovastatin (40 mg) Pitavastatin (1-4 mg) Pravastatin (40-80 mg) Rosuvastatin (5-10 mg) Simvastatin (20-40 mg)

Low intensity	Ezetimibe-simvastatin (10-10 mg) Fluvastatin (20 mg) Lovastatin (10-20 mg) Pravastatin (10-20 mg) Simvastatin (5-10 mg)
Coding information: To exclude patients from the measure who cannot tolerate statin medications, a claim MUST be submitted annually using the appropriate ICD-10 code:	
Condition	ICD-10-CM code
Myalgia	M79.10–M79.12, M79.18
Myositis	M60.80, M60.811, M60.812, M60.819, M60.821, M60.822, M60.829, M60.831, M60.832, M60.839; M60.841, M60.842, M60.849, M60.851, M60.852, M60.859, M60.861, M60.862, M60.869; M60.871, M60.872, M60.879; M60.88, M60.89, M60.9
Myopathy	G72.0, G72.2, G72.9
Rhabdomyolysis	M62.82
Exclusions	
Patients are excluded if they:	
<ul style="list-style-type: none"> • Received a pregnancy diagnosis during or one year prior to measurement year. • Underwent in vitro fertilization during or one year prior to the measurement year. • Received at least one prescription for clomiphene during or one year prior to the measurement year. • Had a diagnosis of end state renal disease (ESRD) during or one year prior to the measurement year. • Received dialysis during the measurement year or the year prior to the measurement year. • Received a diagnosis of cirrhosis during or one year prior to the measurement year. • Patients who had at least one encounter with a diagnosis of (IVD)-check HEDIS during both the measurement year and the year prior. 	
*Additional information available upon request.	

