

Statin Therapy for Patients with Cardiovascular Disease (SPC) HEDIS Tip Sheet

Line of Business: Commercial, Medicaid

Data Collection Method: Administrative (Claims)

Measure Description

Male patients ages 21-75 and female patients ages 40-75 who are identified as having clinical atherosclerotic cardiovascular disease (ASCVD) and who were dispensed at least one high-intensity or moderate-intensity statin medication and who were at least 80 percent adherent for the remainder of the measurement year.

Best Practices	
 Prescribe high-intensity or moderate-intensity statin medication (see table below) to patients diagnosed with ASCVD when clinically appropriate. Once patients demonstrate they can tolerate statin therapy, utilize 90-day prescription fills to encourage medication adherence. Encourage patients to fill prescriptions using their pharmacy benefits. Claims filled through pharmacy discount programs, cash claims and medication samples would not count. Gap closure is dependent on pharmacy claims. 	
Statin Medications that qualify for measure compliance	
Description	Prescription
High intensity Moderate intensity	Atorvastatin (40-80 mg) Amlodipine-atorvastatin (40-80 mg) Ezetimibe-simvastatin (80 mg) Rosuvastatin (20-40 mg) Simvastatin (80 mg) Atorvastatin (10-20 mg) Amlodipine-atorvastatin (10-20 mg) Ezetimibe-simvastatin (20-40 mg) Fluvastatin (40-80 mg) Lovastatin (40 mg) Pitavastatin (1-4 mg) Pravastatin (40-80 mg) Desuvestatin (40-80 mg)
	Rosuvastatin (5-10 mg) Simvastatin (20-40 mg)
Coding information: To exclude patients from the measure who cannot tolerate statin medications, a claim	
MUST be submitted annually using the appropriate ICD-10 code:	
Condition	ICD-10-CM code
Myalgia	M79.10–M79.12, M79.18
Myositis	M60.80, M60.811, M60.812, M60.819, M60.821, M60.822, M60.829, M60.831, M60.832, M60.839; M60.841, M60.842, M60.849, M60.851, M60.852, M60.859, M60.861, M60.862, M60.869; M60.871, M60.872, M60.879; M60.88, M60.89, M60.9
Myopathy	G72.0, G72.2, G72.9
Rhabdomyolysis	M62.82

Mass General Brigham Health Plan includes Mass General Brigham Health Plan, Inc. and Mass General Brigham Health Insurance Company.

Exclusions

Patients are excluded if they:

- Received hospice or palliative care during the measurement year.
- Have Medicare and are 66 years of age or older who are enrolled in Institutional Special Needs Plan (I-SNP) or living long term in an institution any time during the measurement year.
- Are deceased during the measurement year.

*Additional information available upon request.